

CLC Atlantic Regional Fall Council Meeting

The Atlantic Region has 2 regional council meetings a year, one in the spring and one in the fall. Representatives from each of our 12 communities are invited to attend along with our Exco members. This year's fall meeting took place in Summerside, PEI, from Friday evening October 21st and ended Saturday evening after mass. The theme was 'Moving forward in mission listening to the voice of God' and we were praying for the grace 'To be granted the wisdom to listen deeply and the ability to distinguish with a pure and discerning heart'. Our scripture focus was Isaiah 55: 2-3, which reminds us to incline our ears and come to God; listening so that we might live.

It was a grace-filled weekend with the opportunity to experience a number of the exercises from Michael Hansen SJ's book "The First Spiritual Exercises". The exercises chosen were mainly guided meditations on how we listen to one another, how we receive one another and how we serve one another. There was time for reflective silence, some small and large group sharing, as well as input sessions on the movements of consolation and desolation and mini-discernments. One significant discussion we had in the large group was an evaluation of where we are now in regards to our Regional Common Mission [RCM]. To prepare for that, we reviewed the life, death, resurrection cycle and placed ourselves along the curve. Although our RCM was only discerned in 2014, it was time to evaluate.

From feedback given during the council meeting and in a form that was handed in before mass, the Exco will now begin planning for the spring meeting. We move forward with a newly elected Regional Coordinator so it's an exciting time.

Peace from the Atlantic Region.